



## PROGRAM GUIDE



Calgary Homeless  
FOUNDATION

Youth Programming

## CHF System Planning Framework Program Definitions

| Term  | Definition  |
|---|---|
| <b>Adaptive Case Management</b>                 | Offers participant directed, flexible supports with for families experiencing homelessness to secure and sustain housing. This program works with families to provide case management that is adapted to the needs and wishes of the participants at any given time in the program.   |
| <b>Assertive Community Treatment (ACT)</b>      | Is an integrated team-based approach designed to provide comprehensive community-based supports to help people remain stably housed. These teams may consist of physicians and other health care providers, social workers and peer support workers.  |
| <b>Bridge Housing</b>                           | Is designed to remove barriers faced by individuals in obtaining independent housing stability. It is a time-limited, Recovery focused supportive housing model with an anticipated length of stay limit, delivered in alignment with Housing First and Harm Reduction principles   |
| <b>Coordinated Access and Assessment (CAA)</b>  | Is a system for individuals and families experiencing homelessness to access a range of housing and support services. It is a collaborative approach designed to provide a range of services to meet the needs of anyone experiencing homelessness while streamlining the limited resources to the most chronic and vulnerable individuals to exit homelessness.  |
| <b>Emergency Shelter</b>                        | Is any facility with the primary purpose of providing temporary accommodations and essential services for individuals or families experiencing homelessness. Shelters provide essential services to individuals and families experiencing homelessness and play a key role in ending homelessness as these services often focus efforts on engaging individuals in the rehousing process.   |
| <b>Non-Market Housing</b>                       | Is typically described as subsidized, social, or affordable housing units. Non-market housing varies in its operations, but commonly has rents below market value; may provide social services or supports; and is typically targeted to individuals and families with low-incomes. It is often operated by non-profit organizations. It may or may not receive operating subsidies from government, however, at some point, (such as during construction), it received government funding. |
| <b>Outreach</b>                                 | Involves moving outside the walls of the agency to engage people experiencing homelessness who may be disconnected and alienated - not only from mainstream services and supports, but from the services targeting homeless persons as well.  |
| <b>Place-Based Supportive Housing (PBSH)</b>    | (formerly Permanent Supportive Housing/PSH) case management and housing supports for individuals with the goal that over time, with case management support, the participant(s) will be able to achieve housing stability and independence. Placements are designated to specific buildings and/or locations, often with agency supports on site.   |
| <b>Prevention Services</b>                      | Offer short-term financial assistance and limited case management to prevent housing loss due to a housing crisis.  |
| <b>Scattered Site Supportive Housing (SSSH)</b> | Case management and housing supports for individuals with the goal that over time, with case management support, the participant(s) will be able to achieve housing stability and independence. Placements are not designated to one specific building, rather individuals and families are housed in the community independently.  |
| <b>Transitional Housing</b>                     | Refers to a supportive, yet temporary, type of accommodation that is meant to bridge the gap from homelessness to permanent housing by offering structure, supervision, support (for addictions and mental health, for instance), life skills and in some cases, education and training (The Homeless Hub, n.d.).   |

Please contact us if you have further questions about these definitions

## Youth (15-24) Programs

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### Aura - Trellis

This supportive housing program offers case management, housing location and supports for eight LGBTQ2S youth (age 16-24) who are experiencing homelessness. The Aura program is based on a housing first, harm reduction approach that provides an alternative to the shelter system for lesbian, gay, bi-sexual, transgendered, questioning and two spirited youth. The program's goal is to end youth's experience of homelessness by offering a safe and supportive home through a family style home, supported roommate living situation, or scattered site placement.

### Home Fire - Trellis

This scattered-site supportive housing program offers case management, housing location and supports for 14 Indigenous youth (age 16-24) who are experiencing homelessness. Home Fire's specific goal is to provide Indigenous youth experiencing homelessness a home where they can heal, build community and reconnect with culture and family. Home Fire works with the youth to house them quickly in the community, provide them with the financial supports to quickly access housing and wrap supports around them to help them maintain housing.

### Hope Homes - McMan Youth, Family and Community Services Association

This is a supportive housing program that provides case management, housing location and supports for 24 youth (15 - 24) who are experiencing homelessness. Hope Homes focuses support for youth who are chronically or episodically homeless. Based on the needs of the youth, the program offers a continuum of housing options which includes supported roommates, place based, affordable housing, and scattered site housing.

### Wichitowin - McMan Youth, Family and Community Services Association

Wichitowin (phonetic spelling: Wi-Chi-Hi-Towin) is a Cree word that means "to help mutually" and "the act of helping one another." Connected to three other Cree words that mean love, empathy and kindness for all living beings, Wichitowin can also be said in reference to the mutual assistance and respect between land and people. Wichitowin is a supportive housing program that provides case management, housing location and supports for 8 youth (15 - 24) who are experiencing homelessness. The Wichitowin program provides a supportive housing model, combined with the provision of culturally sensitive case management supports. The program aligns with the housing first model and offers seamless service delivery and comprehensive housing support options for Indigenous youth

### Hope Homes Rapid Rehousing - McMan Youth, Family and Community Services Association

The Hope Homes Rapid Rehousing pilot will target youth who have entered homelessness for the first time. The pilot will provide rapid intervention to three youth in hopes to reduce risk of street/system entrenchment, victimization, and traumatization. The goal of the Rapid Rehousing program is to have youth living independently, or with family/natural supports, within 3 to 6 months.

## Youth (15-24) Programs

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### Infinity – Trellis

This scattered-site supportive housing program offers case management, housing location and supports for 42 youth (age 16-24) who are experiencing homelessness. The Infinity Project's specific goal is to provide youth with a permanent home along with the supports they need to maintain it. The project works with youth to house them quickly in the community of their choice, provide them with the financial supports to quickly access housing, and then wrap supports around them to help them maintain housing and move towards self-sufficiency.

### New Horizon – Wood's Homes

The New Horizon program provides transitional housing and intensive supports to 17 youth (age 18 – 24) who are identified as homeless, couch surfing or living in unsafe housing situation or adult shelters. This model of transitional housing addresses barriers that typically restrict young adults who are experiencing homelessness from achieving independence.

### Rapid Rehousing – Wood's Homes

The Wood's Homes Rapid Rehousing program will target youth who are newer to homelessness and just need supports in a few life areas to achieve independence relatively quickly (3-9 months). The program will provide rapid intervention to two youth in hopes to reduce risk of street/system entrenchment,

### Roofs for Youth - Calgary John Howard Society

This is a supportive housing program that provides case management and clinical supports for 50 youth (age 15 to ~24) who are experiencing episodic or chronic homelessness and have criminal justice involvement or are at risk for criminal justice involvement. Typical participants have mental health or addictions barriers preventing them from attaining independent living on their own. Roofs for Youth offers both group living and scattered site housing options. victimization, and traumatization. The goal of the Rapid Rehousing program is to have youth living independently, or with family/natural supports, within 3 to 9 months.

### Triveri House - Enviros

This program will provide a range of housing and support needs for minor to high-complexity young adults aged 18 to 28<sup>1</sup>. Program goals will be adjusted to meet the needs of each individual. The harm-reduction programming operates under a Place-Based Supportive Housing framework and integrates three types of housing models which include: Longer term place-based supportive housing for those with more complex needs and the need for a stable home base; Transitional housing for those who need less-intensive support with a goal of graduation within 24 months of program entry; Rapid Rehousing for those lower-complexity individuals whose lack of housing prevents them from achieving personal goals - these individuals will stay in the program approximately six to nine months.

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<sup>1</sup> Individuals must enter the program prior to the age of 25, but can remain until their 29th birthday.

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